

Newsletter 5 29th March 2018

TE TAU O AROHA

The year of LOVE



Mill Street, MARTON 4710
phone 06 327 8229

UP COMING EVENTS

Term 1

Easter Weekend SCHOOL CLOSED

Good Friday 30th March

Easter Monday 2nd April

Easter Tuesday 3rd April

Interschool Athletics

Friday 6th April in Hunterville

Junior Neighbourhood Support Assembly

Monday 9th April 9am

Last Day of Term 1

Friday 13th April

First Day of Term 2

Monday 30th April

Ka mihi nui āhau ki a koutou katoa. Nau mai ki ō mātau tau; te tau o AROHA.

As a school we keep a close eye on what scientific research is finding out on how to support our tamariki in becoming resilient and growing their brains.

You would be amazed at how simple actions of love make a huge difference. I found an article on the website www.parentingforbrain.com that reinforced the importance of a hug.

Identified were seven ways a hug supports the growth of our tamariki. They were...

1. Hugs create SMARTER kids
2. Hugs help kids GROW
3. Hugging keeps kids HEALTHY
4. Hugs can STOP TEMPER TANTRUMS
5. Hugging produces RESILIENT kids
6. Happy hugs make HAPPY kids
7. Hugs help you BOND with kids

In short, 'A 20 second hug can help your child grow smarter, healthier, happier, more resilient and closer to the parent.' www.parentingforbrain.com

Over the Easter break, how about share the LOVE through a simple HUG!

The best EASTER gift of all was given from LOVE!

LOVE GROWS BRAINS



Aroha-tino-nui,
Michelle Cameron

AROUND THE SCHOOL

Easter Commemorated through Hot Cross Buns Creations

Over the last week our students have been making Hot Cross buns with their class. In previous year's this has been done on one



day as a whole school. Baking Hot Cross buns together was a tradition that started with Mrs Barbara Davies and her new entrant classes.

In 2008, making Hot Cross buns became a whole school event.

During the creating process our tamariki have an opportunity to learn about the rising property of yeast, how dough is made and the meaning behind the Easter bun.

An interesting piece of information - Easter had been commemorated in Aotearoa before the signing of the Te Tiriti o Waitangi.



Duffy Books in Homes Role Model Assembly

All of our students had the pleasure of meeting Mrs Diana Queenin.

Mrs Diana Queenin is affectionately known by Duffy schools as 'the Fossil Lady'.

Mrs Queenin has travelled the world. She has lived for extended periods of time in Melbourne, New York and Los Angeles (as well as Auckland and Wellington).

While in New York she worked as a guide in the Museum of Natural History specialising in Dinosaurs and Ocean Life.

A highlight of Mrs Queenin's career was attending the opening of Te Maori at the Metropolitan Museum of Art when the exhibition went to New York.

In Los Angeles she attended UCLA University and studied Bio Geography (the effect of nature on the land) and spent time in the American deserts among the cactus and snakes.

Mrs Queenin is a certified Scuba Diver and has dived in the Caribbean, the Red Sea, and Thailand and learned much about the underwater world. She joined Project Jonah on her return to New Zealand and is very interested in Whales and Dolphins (as well as monarch butterflies, plants, fishing, insects, birds, and reading lots of books!). Mrs Diana Queenin had lots of amazing things to show our tamariki.



Dance Crew sessions for Y5-8 students every Thursday 3-4pm.

If you have any questions pop in and see Mrs Michelle Cameron

SPORTS NEWS

Weetbix Tryathlon

Congratulations to Christopher Beetham, Sam Parkinson, Sophie Parkinson, Thomas Parkinson, Lucas Stenbridge and Flynn Stenbridge and their whānau for accepting the challenge to participate in this year's event.

Read what Christopher Beetham has to share about his experience.

'On Tuesday 19th March I did the Weetbix tryathlon. I had been training for weeks and when it came to the day, I was ready. For the swim, I felt really good about it. We had to do a 200m swim and then once we'd finished I ran over to the bikes. The area where the bikes were, was called the transition area. There we got our gear on and went around a 2km area 4 times. After that we took off our biking gear, hopped off our bikes and went for a 1.5km run. As I was nearing the finish line I felt amazing. Everyone was cheering and there was a person that put the medal over my head. After that I knew that I would do it next year, it was just so much fun.'

Netball

After Easter Year 5-8 netballers will practice on Wednesday afternoons from 3-4pm.

Year 1&2 netballers

Netball sessions are now Monday at Centennial Park 3.30-4.15pm.

Year 3&4 netballers

Netball sessions are now Wednesday at Centennial Park 3.30-4.15pm.

LET US KNOW!

A number of our students engage in extra curricular sports or community activities. Please let us know how they are going and any achievements they have attained.

Joining with you in celebrating these achievements reinforces the importance of being community connected, developing effective communication skills and having a R.I.C.H.E.R sense. These three aspects are indicators of excellence.

KAI KETE

HEAD, HEART AND HAND KOHA

Blessing to the following whānau

Franzen, Wood, McIndoe & Phasey families received 9/3/18

Schwamm, Jones, Hamilton & Anderson (Cody) families received 16/3/18

Rauhihi, Timmins-Clarke Chambers, Nairne & Humphrey families received 23/3/18

CELEBRATING OUR R.I.C.H.E.R CORE CULTURE

Rehina Walker for showing Respect, Inclusion and Cooperation.

Tania MacDonald-Rice demonstrating Inclusion.

Fomai Viliamu showing all of our RICHER core culture.

Ethan Edwards for Inclusion.

Acknowledged 26/3/18

COMMUNITY NEWS



Feilding Junior Hockey 2018

Held at FAHS Turf

Skills and Drills: 6 weeks 5:10-6:10pm (5-13yrs)

Monday 7th May— 18th June

(Monday 4th June = public holiday)

Sign up: Feilding Junior Hockey Facebook page

Or email: ldodunski@feildinghigh.school.nz for a form

Or at turf Monday 9th or 30th April 3:30-5:30pm

Cost: \$30 per person for 6 weeks

Just bring shin pads, mouth guard and a big smile.

Hockey sticks and coaches provided.

Followed by

6 aside competition games: 6 weeks 5:10-6:45pm (7-13yrs)

Monday 25th June—13th August

Sign up: through your school or us

Cost: \$15 per player

Contact: Lucinda Dodunski 02102993591

ldodunski@feildinghigh.school.nz

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